

CARDIO BOX AGREEMENT

THIS CLASS IS DESIGNED AS AN INTENSE WORKOUT OF THE CARDIO-VASCULAR AND MUSCULAR SYSTEMS.

IN ADDITION TO THE CARDIO WORKOUT YOU WILL LEARN THE PROPER WAY TO PUNCH AND KICK. THIS WILL AID YOU IF YOU DECIDE TO PURSUE SELF-DEFENSE OR KARATE CLASSES.

NAME: _____ D.O.B: _____ AGE: _____

ADDRESS: _____ CITY: _____

STATE: _____ ZIP CODE: _____ PHONE #: _____

AGREEMENT:

I understand that under the terms of the agreement Five Point Kenpo Karate (FPPK) and the Kenpo Tigers (KT) are obligated to provide competent instruction and suitable facilities for teaching lessons. Qualified personnel trained in the procedures of Cardio-box supervise all class sessions.

The student hereby represents that he/she is physically fit to take the prescribed course of instruction. Student understands that strict observation of the rules and regulations relative to training is required.

I understand and agree that FPPK and the KT will not be liable for injuries, damages, etc. not caused by or resulting from the negligence of the owners, operators, instructors, or person in charge of such establishment, or their agents, servants or employees.

There will be three classes a week, approximately one-hour per class. Cost of the class is \$35.00 per month, due (subject to change) on the 15th. day of each month .

This agreement is renewable on a quarterly basis (automatically renews itself on the 3-month anniversary date of registration unless written notice is provided at least 1 week prior to the 3-month anniversary date).

Print form, take form to school to sign and have a representative sign as witness.

Student's Signature (if age 18 & older)

FPPK/KT Representative

Parent's Signature of Student Required (if under age 18)

Date