



INTENSITY™ SELECT COMBO



Turn device on by pressing the button.

Step 1: Selecting between TENS, IF, MIC and EMS mode.

Press the button until your desired mode is selected with around it, then press to select your choice. Once selected, you will move to step 2.



Step 2: Choosing your program. After selecting our mode, the selection will automatically jump to the program choice.

When in TENS Mode, your program choices are B, N, M and M1.

Select a program, press up or down on the button and then press the to select choice.

Once selected, move to step 3.



Step 3: Setting the timer ode is the next step to running

your program. Press the channel button up and down to select your desired time. Choose from 1-60 minutes or Continuous mode by going up past 60 minutes until a "C" appears. Press the button to select your choice. Once selected, you will move to step 4.



Step 4: Next you'll select your Pulse Width. Change pulse width by pressing the channel button up or down.

Once you have the desired pulse width selected, Press the button to select your choice. Once selected, you will move to step 5.



Step 5: Selecting your Pulse Rate or Frequency. To do this you will once again use your channel button to go up or down until reaching your desired pulse rate. Once you have the desired pulse rate selected, Press the button to select your choice. Once selected, simply turn each channel intensity up until you feel the stimulation through the electrode pads.

