

# thermal-AID<sup>®</sup>

...nature's therapeutic source

100% NATURAL

## BEAR & ZOO ANIMALS



### **INSTRUCTIONS AND PRECAUTIONS**

\*Please read and follow the directions exactly as they are printed to avoid injury.

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## INGREDIENTS:

Natural cotton with a heating/cooling element composed of a specially treated and processed corn product.

**CAUTION: Not for use by individuals with corn allergies.**

## HEATING/COOLING INSTRUCTIONS:

Place in clean microwave. Heat the Thermal-Aid Animal in the microwave for 30 seconds. Never heat for more than 30 seconds. Do not allow the product to touch the top or sides of the microwave when heating. Heating time will vary depending on microwave wattage. If a cool pack is needed, place in freezer for 6 or more hours.

**CAUTION: Overheating and or allowing the Thermal-Aid Animal to touch the top or sides of the microwave when heating may lead to potential combustion and or injury. Always follow the microwave manufacturer's instruction manual whenever using a microwave.**

## REMOVAL FROM MICROWAVE:

The use of oven mitts or a towel is recommended when handling the Thermal-Aid Animal directly after heating. Extra caution should be taken by those who suffer from diabetes, nervous system disorders, circulatory disorders, or other disorders that cause impairment of temperature sensation.

## THERAPEUTIC APPLICATION:

Place the Thermal-Aid Animal evenly over an affected or sore muscular area of your body for approximately 15 to 30 minutes. Change areas and repeat if more than one muscle area is affected. Thermal-Aid is safe when used as directed. Do not place directly over your mouth or on genitalia.

## CLEANING INSTRUCTIONS:

The Thermal-Aid Animal can be cleaned. Spot Surface Wash Only, simply apply and wipe soiled areas with a Soapy Wet Sponge, Towel or Baby wipe until area is clean. Then wipe away any soapy residue with a soap free sponge, towel or baby wipe. Then allow 24 hours for air drying in a dry location of your kitchen or laundry room. Do not place product in microwave or freezer when damp or wet, it must be completely dry before reuse.

## THERMAL-AID ANIMAL USES:

### SPRAINS/STRAINS, MUSCLE SORENESS:

For the first 48 hours after spraining or straining a joint, use a cold Thermal-Aid to reduce inflammation and tissue injury. After 48 hours, alternate hot with cold Thermal-Aid applications to decrease stiffness and swelling. For muscle soreness, heat and massage can reduce stress, loosen tight muscles, and increase circulation. Use a hot Thermal-Aid Animal to ease the pain and enhance the healing process. Use a cold Thermal-Aid to reduce muscle inflammation.

### HEADACHES/MIGRAINES:

A hot or cold Thermal-Aid Animal can be used to decrease the pain, frequency and duration of a headache. Apply the cold Animal to the back of the neck. This will reduce the swollen blood vessels and thereby provide relief from your headache. The Thermal-Aid Animal does not cause a stinging sensation like that of a regular ice pack.

### GROWING PAINS & LEG CRAMPS:

The Thermal-Aid Animal can help reduce the inflammation of the knee associated with growing pains. A Thermal-Aid Animal applied to the calves at bedtime can reduce the frequency of night-time "Charlie-horses".

### BABIES WITH COLIC:

A warm, not hot, Thermal-Aid Animal placed alongside the babies back or abdomen will create a soothing and comfortable environment for a restful night's sleep.

### EARACHES:

Soothe a child's earache pain with a warm Thermal-Aid Animal. Place a warm Thermal-Aid Animal on the ears, neck or head.

### BUG BITES/BEE STINGS:

The pain from a bee sting or bug bite can be excruciating. A cold Thermal-Aid Animal will help reduce swelling and ease pain.

### FLU SYMPTOMS:

Help reduce a fever from the flu by applying a cold Thermal-Aid Animal. Treat aches and pains, headaches, and offer overall comfort with a warm Thermal-Aid Animal.

## **INSOMNIA:**

Nothing is more comfortable than a warm Thermal-Aid Animal. Before bed, warm a Thermal-Aid Animal and tuck it in with your child, watch them fall right to sleep.

## **SUNBURN:**

Place a cold Thermal-Aid Animal on child's sunburn for a soothing, comfortable and easy option for treating sunburn.

## **FEVER:**

A cold Thermal-Aid Animal is an excellent cooling source to help reduce body temperature and thus reduce the effects of a fever.

*Honey*



*Tumble*



*Hunter*



*Buckley*



*Bella*



*JoJo*



*Happy*



*Tiny*



*Ollie*



*Baxter*



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# **CAUTION**

## **DO NOT OVERHEAT!**

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**Heat for 30 seconds up to a MAXIMUM of 1 minute at a time. ALLOW ONE HOUR interval between Heatings. ALWAYS STAY PRESENT WHILE HEATING to AVOID ACCIDENTAL OVERHEAT! MAKE SURE YOUR THERMAL-AID PRODUCT IS FREE OF ANY FOREIGN DEBRIS OR FOOD CRUMBS. MAKE SURE YOUR THERMAL-AID PRODUCT DOES NOT TOUCH THE SIDES OR TOP OF THE MICROWAVE OVEN. Extra caution should be taken by those who suffer from diabetes, nervous system disorders, circulatory disorders, or other disorders that cause impairment. Do not use if temperature is uncomfortable.**

**Refer to instruction manual for more info.**  
**[www.thermalaidproducts.com](http://www.thermalaidproducts.com)**

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